

Health & Safety Training Courses & Assessments:

Level 1 QCF Health & Safety in Construction.



Course Overview:

This National Open College Network course has been designed to develop the knowledge and understanding of health and safety in a construction environment and to enhance the skills needed to enable tradesmen and women to work safely and efficiently in their place of work.



Who is this training course for?

This course is ideally suited to candidates aged 16 years of age and above wishing to apply for the CSCS Green Card enabling them to work on a UK construction site and is also suitable for existing operatives and employees for staff development.

Course Duration:

1 to 2 days (in-house training) dependent on the candidates knowledge and experience. Home Study / Self Learning is also required as part of this course.



Topic Areas Covered:

- ◆ Risk assessments & method statements.
- ◆ Slips and trips.
- ◆ Working at height.
- ◆ Moving vehicles and mobile plant.
- ◆ Work equipment.
- ◆ Fire.
- ◆ Electricity.
- ◆ Manual handling.
- ◆ Noise.
- ◆ Vibration.
- ◆ Hazardous substances.
- ◆ Alcohol and drugs.
- ◆ Health and safety signs.
- ◆ Personal protective equipment.
- ◆ Welfare facilities and personal hygiene.
- ◆ Emergencies and first aid.
- ◆ Reporting accidents and ill health.

Training & Assessment methods:

Training is delivered in our purpose built training centre by our expert professionals. Candidates will also be required to complete some home study / self learning, and assessed by a multiple choice theory examination.

Course Achievements:

Successful candidates will receive Level 1 QCF Health & Safety in Construction certification and qualification.

Progression Routes:

Successful candidates will be able to progress onto the CSCS Green Card test and undertake other training and assessment including Asbestos Awareness, Working at Heights Access training (Mobile Tower Scaffold), COSHH Awareness, and Manual Handling.